



life is nectar

## Juices... 24

<b>Morning Glory</b>	blueberry, banana, orange + organic acai powder...5 + organic goji berries...5
<b>Sustain(able) Energy</b>	spinach, apple, pineapple, celery, cucumber, avocado, lime + organic chia seeds...5 + organic goji berries...5
<b>Ginger Apple Cleanse</b>	romaine, spinach, apple, celery, ginger, parsley, lemon + organic fresh wheatgrass...12 + organic aloe vera extract...5
<b>Immunity Builder</b>	carrot, apple, lime, ginger + organic aloe vera extract...5 + organic fresh wheatgrass...12
<b>Dance to the Beet</b>	beet, apple, carrot, ginger, celery, lemon + organic fresh wheatgrass...12 + organic chia seeds...5
<b>Heart Mender</b>	strawberry, orange, carrot + organic acai powder...5 + organic goji berries...5
<b>Vitamin Booster</b>	apple, pear, mango, banana + organic acai powder...5 + organic goji berries...5

### Brave a shot!

Fresh organic wheatgrass shot...14  
Wellness ginger immunity shot...8

## Smoothies... 26

<b>Bounty*</b>	young thai coconut pulp & water, banana, organic raw cocoa powder, organic raw shredded coconut, almonds, organic dates, organic flaxseeds + organic manuka honey...5 + organic goji berries...5
<b>Blue Apple Smoothie*</b>	blueberry, non-fat milk, apple, non-fat yogurt, organic flaxseeds, walnuts + organic whey or plant protein powder...8 + organic manuka honey...5
<b>Cinnamon Apple "Pie"</b>	organic rolled oats, non-fat milk, apple, cinnamon, organic vanilla, organic maple syrup, organic dates + organic whey or plant protein powder...8 + organic manuka honey...5
<b>Nuts and Bolt*</b>	banana, non-fat milk, almonds, organic pumpkin seeds, organic flaxseeds, organic vanilla, organic honey, home-made natural peanut butter + organic whey or plant protein powder...8 + organic chia seeds...5
<b>Raw Cashew Milk*</b>	raw cashews, bottled water, cinnamon, pink himalayan salt, organic vanilla, organic dates + organic whey or plant protein powder...8 + organic chia seeds...5
<b>Chocolate Heaven*</b>	banana, raw cashew milk, organic cocoa powder, cocoa nibs + home-made natural peanut butter...5 + organic goji berries...5

Want to share the goodness?  
Ask about our large bottle size...

\*Contains nuts – Non-dairy milk options available  
(organic almond milk and home-made cashew milk)